

Sheet1

Net	Day	Time	Frequency	Mode
PA NBEMS	Sun	0730 ET	3.583 + 1500	THOR22
NJ NBEMS	Sun	0900 ET	3.582 + 1500	THOR22
Mid-Atlantic NBEMS	Sun	1000 ET	7.068 + 1500	THOR22
NC AmRRON Digital Net	Sun	0100Z	3.588 + 900	Contestia 4/250
VA AmRRON Digital Net	Mon	0100Z	3.588 + 900	Contestia 4/250
MARIDN	Tue	1800 ET	3.583 + 1500	THOR22
			3.588 + 900 EST	
Eastern Region Information Net	Tue	0000Z	7.110 + 900 EDT	Contestia 4/250
Florida Digital Net	1 st ,3 rd ,5 th Wed	0100Z	3.588 + 900	Contestia 4/250
East NY Digital Net	2 nd ,4 th Wed	0100Z	3.588 + 900	Contestia 4/250
CCAR NBEMS Net	Thu	~1950 ET	W3EOC	THOR22
		2100 ET		
West NY Digital Net	Fri	2200 3 rd Fri	3.588 + 900	Contestia 4/250
NH NBEMS	Sat	0730 ET	3.582 + 1500	THOR22
NY NBEMS	Sat	0800 ET	3.583 + 1500	THOR22
Ohio AmRRON Net	Sat	0100Z	3.588 + 900	Contestia 4/250